

## STAFF PROFILE



**1. Name:** Margaret Kiritu Mwenje

**2. Designation:** Associate Professor

**3. Employment details**

**School:** School of Education and Social Sciences

**Department:** Social Sciences

**4. Contact Information**

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**Google Scholar:** <https://scholar.google.com/citations?user=dk4jpugAAAAJ&hl=en>

**Research Links:** <https://www.researchgate.net/profile/Margaret-Mwenje>

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**4. Biography – Two Paragraph summary max.]**

Prof. Margaret Mwenje holds a PhD in Clinical and Christian Counseling from Cornerstone University, USA, Master of Education (Guidance & Counseling) from University of Montevallo, USA, BA in Biblical Studies from Southeastern Bible College, USA. She also holds a Mastery Certificate in Trauma & Recovery from Harvard Refugee program offered in Orvieto Italy. Prof. Mwenje also holds a Certificate in Mental Health Assessment and Psychological First Aid offered by US Department of Health. She is the current Chair of Kenya Guidance, Counseling & Psychological Association (KGCPA). She is a member of the International Society of Substance Use Professionals (ISSUP). Prof. Mwenje has 18 years of experience in university teaching in different universities: Kenyatta University, Pan Africa Christian University and currently at Karatina University. Over the years she has been a Head of Department, Dean School of Humanities and Social Sciences, Founding Director of a Technical Institute, Examination Coordinator, Coordinator for Counseling Practicum and Internship, Chair of Departmental

Postgraduate Research, Departmental ISO Champion, Academic Leader, among others. She has also participated in counseling psychology curriculum development for different levels. Prof. Mwenje has been an External Examiner for St. Paul's University and Daystar University PhD Clinical Psychology program. She is the current Director, Community Outreach at Karatina University. Prof. Mwenje has worked as a Case Manager, Addiction Counselor, and a Rehabilitation instructor in Birmingham, Alabama in the US. She worked for National Campaign Against Drug Abuse (NACADA) as a Rehabilitation Consulting Officer.

Prof. Mwenje is involved in different Community Outreach activities for example: Mental Health & Emotional Wellbeing, Drug Abuse and Substance Use Disorders Mitigation, Mental Health & Self-Care for Journalists, Pastors, Police Officers, healthcare Providers. She is involved in mentorship for High School Students and Out of School Youth. Prof. Mwenje is also involved in Trauma Informed Therapy training among Community Health Workers in Rwanda. She has supervised ten (10) PhD and eleven (12) Masters to completion. She has published in refereed journals and co-authored a book on Counseling Supervision-A Handbook for Counselor Educators. She has presented academic papers in national and international conferences. She has also been a Keynote Speaker in different conferences including the 2023 UN International Day of Families. She has received several awards including the 2024 Utumishi Bora Award from the Kenya Christian Professionals Forum (KCPF).

**5. Area/ Field of specialization:** Mental Health (Emotional Well-being & Trauma), Behavioural Sciences, Addictions and Rehabilitation Counseling

**6. Research interests:** Mental Health & Emotional Well-being, Addictions and Substance Use Disorders, Leveraging AI in Mental Health Assessment and Interventions, Trauma Informed Therapy, Expressive Therapies (Art & Play Therapies), Influence of Early Childhood Experiences on Mental Health and Anti-Social Behaviors.

**7. List some of your key published works.**

1. Omucheni, P., **Mwenje, M.**, & Kamunyu, R. Antisocial Behaviours that are More Prevalent Among Children with Complicated Grief in Selected Public Primary Schools in Nairobi County, Kenya. EdinBurg Peer Reviewed Journals and Books Publishers. Journal of Sociology, Psychology & Religious Studies Vol. 4 Issue 5 pp 18-32, June 2024
2. Omucheni, P., **Mwenje, M.**, & Kamunyu, R. The Prevalence of Complicated Grief Among Children Who Have Lost Loved Ones in Selected Public Primary Schools in Nairobi County, Kenya. EdinBurg Peer Reviewed Journals and Books. Publishers Journal of Sociology, Psychology & Religious Studies Vol. 4 Issue 5 pp 6-17 June 2024
3. Kanja M., **Mwenje, M.** & Githui, P. Effects of Caregiving of Children with Autism Spectrum Disorder on the Caregiver's Psychological Well-being in Selected Integrated Primary Schools in Nairobi County, Kenya. [International Journal of Education, Psychology & Counseling. Vol. 7 Issue 45 \(March 2022\) PP. 446-463.](#)

4. **Mwenje, M.,** Githui, P., Kamunyu, R. & Maseno, M. Prevalence of Caution Fatigue in Relation to Adherence to Covid-19 Pandemic Safety Guidelines in Kenya.  
[International Journal of Science and Research. ISSN: 23197064.SJIF\(2021\): 7.803](#)
5. Onsando, E., **Mwenje, M.** & Githui, P. Influence of Family Structure on Development of Juvenile Delinquency: A Case of Kamiti Youth Correction & Training Center (KYCT), Kiambu County, Kenya. African Journal of Education, Science and Technology, Volume 6 (3) (2021)
6. Onsando, E., **Mwenje, M.** & Githui, P. The Influence of Parenting Styles on Male Juvenile Delinquency: A Case of Kamiti Youth Correction & Training Center (KYCTC), Kiambu County, Kenya. European Journal of Humanities & Social Sciences. ISSN: 2736-5522. Volume 1 No 3 (2021)
7. **Mwenje, M.,** Githui, P. & Mwarari, C. *Assessment of Parental Involvement in Home-Based Learning Activities in Public Primary Schools: A Case of Children in early Years of Learning in Nyeri and Nairobi Counties, Kenya.* International Journal of Innovative Research and Knowledge. ISSN-2213-1356. Volume-5 Issue-1. January 2020.  
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8. Njoroge, B. & **Mwenje, M.** *Influence of Parental Alcoholism on Academic Performance of Secondary School Students in Kandara Sub-County in Murang'a County, Kenya.* International Journal of Arts & Humanities. ISSN 2360-7998. Vol. 8: (6) pp, 070-080, June 2020  
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9. Muthoka, P. & **Mwenje, M.** *Effectiveness of Strategies Used in Secondary Schools to Curb Drug and Substance Abuse Among High School Students in Nzau Subcounty in Makueni County, Kenya.* International Journal of Arts & Humanities. ISSN 2360- 7998. Vol. 8: (6) pp, 063-069 June 2020  
<https://drive.google.com/file/d/1Yn1TYh2oU68YZZ-mR9xwrZkQwN4n5Yl0/view?usp=sharing>
10. Muthoka P. & **Mwenje, M.** Risk Factors Leading to The Prevalence of Drugs and Substance Abuse Among Secondary School Students in Nzau District Makueni County, Kenya. African Journal of Emerging Issues (AJOEI) Online ISSN: 2663-9335. Vol. 2 No. 5 June 2020.  
<https://ajoeijournals.org/sys/index.php/ajoei/article/view/109>
11. Gachenia, L. & **Mwenje, M.** *Impact of Counseling Programs on Academic Performance Among Students in Selected High Schools in Kiambu, Kenya.* International Journal of Education, Psychology and Counseling (IJEPC). ISSN 0128- 164X. March 2020.  
<https://drive.google.com/file/d/1hyeMSmHraSs6ftNAdVNhkKND9mjOz4Ot/view?usp=sharing>
12. Mwarari C., Githui, P. & **Mwenje, M.** *Parental Involvement in the Implementation of*

*the Competency Based Curriculum in Kenya: Perceived Challenges and Opportunities.* American Journal of Humanities and Social Sciences Research (AJHSSR). e-ISSN :2378-703X Volume-4, Issue-3, pp-201-208. March 2020

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13. Wamathai, A., **Mwenje, M.** & Sirera, A. *The Relationship Between Pornography Viewing and Sexually Aggressive Behaviors Among Male Students in Selected Kenyan Universities*, International Journal of Humanities and Social Sciences. ISSN 2321 – 9203 Volume 8, Issue 2. February, 2020

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14. Githui, P & Njoka, J.N. & **Mwenje, M.** (2019). Evaluation of instructional methods used by teachers in life skills education: a comparative study of public secondary schools in Nyeri & Nairobi counties, Kenya. Kenya journal of educational planning, economics management, vol.9, issue1.

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17. Githui, P., Njoka, J. N. & **Mwenje, M.** (2018). Assessment of decision-making skills among students from rural and urban contexts in Kenya; A comparative study of learners in public secondary schools in Nyeri and Nairobi counties. African journal of education, science and technology, vol.4., No. 4 August 2018.

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18. Githui, P., Njoka, J. N., & **Mwenje, M.** (2018). Evaluation of creative thinking skills amongst students in Kenya; A case study of public schools in Nyeri and Nairobi counties. African journal of education, science and technology, vol.4, No. 3, August 2018.

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19. Kiarie, J., **Mwenje, M.** & Kiptiony, G. *Exploring Institutional Determinants of*

*Counselors' Intentions to Seek Supervision Services in Kenya*. Kabarak Journal of Research & Innovation. Vol. 5 No. 2 (2018). ISSN 2305-784X (Print) ISSN 2410-8383 (online)

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20. Wamathai, A. **Mwenje, M.** Sirera, A. *Prevalence and Factors Contributing to Pornography Viewing among Male students in Selected Universities in Kenya*. Journal of Humanities and Social Sciences, -JHSS) 2017.  
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21. Kiarie, J., **Mwenje, M.** & Kiptiony, G. *Exploring individual determinants of counselors' intention to seek supervision services*. Scholars journal of Arts, Humanities and Social Science, (SJAHSS) ISSN: 2347-5374, 2017  
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22. Mwai, W. & **Mwenje, M.** *Female Psychology in Poetry with specific reference to Swahili Women's Nuptial poetry (Unyago)*, Journal of Educational and Developmental Psychology, (IOSR-JHSS), 2017.  
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24. Muthondeki, D. Sirera, A. & **Mwenje, M. K.** Challenges Faced By Retired Police Officers: A Case of Retired Administrative Police Officers In Kenya, IOSR Journal of Humanities & Social Science (IOSR-JHSS), 2014.  
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26. **Counseling Supervision Handbook** for Counselor Supervisors, **Mwenje, M.**, Kiarie, J & Nthangi, A. Kenya University, Department of Psychology. 2014.  
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28. Oteyo, S.J., Kariuki, M. & **Mwenje. M. K.** Co-occurrence of Alcohol, Tobacco & Other Drugs Among Secondary School Students in Kiambu & Nairobi Counties, Kenya. *International Journal of Education & Research, (IJER), 2013.*  
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