



Inspiring Innovation and Leadership

KARATINA UNIVERSITY



STAFF PROFILE TEMPLATE

1. **Name:** DR. PAULINE THUKU
2. **Designation:** LECTURER
3. **Employment details**

School: EDUCATION AND SOCIAL SCIENCES

Department: SOCIAL SCIENCES

4. **Contact Information**

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Research Links: ORCID ID:[0000-0003-2453-8828](https://orcid.org/0000-0003-2453-8828), google scholar: [pwanjirut@gmail.com](https://scholar.google.com/citations?user=pwanjirut@gmail.com)

4. Describe your professional self

Dr. Pauline Thuku is a Sociology lecturer and researcher at Karatina University, Kenya where she has been a faculty member since 2016. Pauline completed her PhD in Sociology (Gerontology) degree at Kenyatta University, Master of Arts degree in Sociology (Counselling) at the University of Nairobi, and Bachelor of Education (Home-Economics) degree at Kenyatta University. Her main areas of research interests include ageing, quality of life and wellbeing.

Dr. Thuku has published widely in peer reviewed journals and presented research papers in international conferences. Through collaboration with multi-disciplinary, multi-institutional and international researchers, she has attracted research grants from national and international funders. She has been the academic leader for B.A Sociology programme at Karatina University since 2019, and the coordinator of Field Practicum at the Department of Social Sciences since 2016. She has served in various university committees and is currently chairing the committee seeking to address the challenge of drug abuse among Generation Z in Mt. Kenya region.

5. **Area/ Field of specialization:** Sociology

6. **Research interests:** Gerontology, quality of life, wellbeing

7. List some of your key published works.

- i. Chukwuorji, J., Thuku, P., Cassimjee, N., Mbuthia, K & Olawa, B. (2023). Is Geropsychology “Forever Young” on the Mother Continent? Addressing the Limited Research on Psychology of Aging in Africa. *The Journals of Gerontology: Series B* 78 (12), 1967-1982. DOI: [10.1093/geronb/gbad157](https://doi.org/10.1093/geronb/gbad157)
- ii. Mwenzwa, E. & Thuku, P. (2023). The Potential for Gender-Based Violence among the Eastern Bantu Ethnic Groups of Kenya: Evidence from Oral Literature. *Journal of Adult Education in Tanzania* 25 (1)
- iii. Mbaabu, K., Kinyua J. & Thuku, P. (2022). Strategies of addressing Spiritual, Emotional and Material Challenges amid Widows coping with Bereavement in ACK Diocese of Embu, Kenya. *Journal of Arts & Humanities*, 11 (5), 33-40
- iv. Thuku, P. (2022). The Relationship between Community Adherence to COVID-19 Containment Measures and the Wellbeing of Older Adults in Rural Kenya. *Gerontology and Geriatric Medicine*, 8, 1-12. DOI: 10.1177/23337214221105981
- v. Thuku, P. (2019). Psycho-Social, Financial and Health Predictors of a Quality Retirement Life: A Kenyan Case. *International Journal of Education and Research*, 7 (7), 109-124